

# Leadership Development Program

May - October 2025

Location: DCSS, 11150 International Drive, Rancho Cordova, CA 95670

### Program Overview

The key goal of the leadership development program is to prepare and develop Child Support Supervisors to adapt and grow their leadership skills.



### Key Goals

- Gain awareness and understanding of your leadership strengths and gaps.
- Understand how your leadership style impacts others.
- Build trust and respect; learn ways to adapt to the differences of others.
- Understand the complexities of leadership and building their leadership capacity.
- Learn and practice skills in a safe environment.
- Building internal and external networks of support.

#### **Program Schedule**

(Tentative)

#### **Dates Coming Soon!**

#### Pre-Session – 1 Hr

Orientation for Participant's Supervisor-Virtual

#### **Session 4 - 2 Days** Leading Through Conflict Leading for Performance

Session 5 – 2 Days Leading Teams Leading Across Boundaries

Session 6 – 2 Days

#### Session 1 - 2.5 Days

Program Orientation Leading People: Understanding Self & Others

#### Session 2 - 2 Days

Leading People: Leadership & Implicit Bias Leading with Emotional Intelligence Leading Change & Driving Results

#### Session 3 – 2 Half Days

Leader As Coach -Virtual

Resilient Leadership Wrap-Up: Learnings & The Continuing Journey Graduation/Celebration

#### **Program Registration**

For more information and to register, please contact: administrative@csdaca.org





## **Session Outline**

Each session may include pre-reading, reflective work, and or assessment completion. All session times are 8:30am-4:00pm unless otherwise stated.

#### **Pre-Program: Orientation for Participant's Supervisors**

- Overview of the program
- How you can support your participant through coaching and feedback

### Session 1: Leading People: Understanding Self & Others

- Understand the difference between managing and leading.
- Become more self-aware, improve communication, learn to leverage strengths, and identify blind spots
- Improve trust, communication, and engagement with your team
- To understand your impact on others and adjust your leadership style to effectively build relationships with others
- Define personal leadership goals through self-evaluation, dialogue & feedback
- Develop goals for your developmental activities
- Prepare for your executive coaching engagement

### Session 2: Leadership & Implicit Bias

- Help identify individual and institutional biases at any decision point within child support services
- Identify potential biases at any decision point within child support service delivery
- Discuss five factors that can affect service delivery, e.g., implicit bias, stereotypes, colorblindness, microaggressions and language
- Discuss the impact of bias on interpersonal and institutional decision-making
- Conduct a bias impact assessment to help identify the impact of bias in everyday decision-making

#### Leading with Emotional Intelligence

- Understand the influence that emotions have on actions and behaviors
- Discover each of the five composite scales of self-perception, self-expression, interpersonal, decision-making, and stress management, while exploring the competencies that form these scales
- Analyze how emotional intelligence impacts your capabilities as a leader and the implications for these strengths and development opportunities

#### Leading Change & Driving Results

- Provide insights into personal preferences for managing change
- Increase teamwork by understanding the advantages and strengths that each style brings to an organization
- Understand and apply a brain-based model for collaborating with and influencing others





### Session 3: Leader As Coach

#### (Virtual): 8:00 am - 12:00 pm each day

- Understand & practice the foundational skills for being an effective coach
- Address issues with openness and respect
- Transform performance management with coaching conversations and a culture of feedback

### Session 4: Leading Through Conflict and For Performance

- Understand the role emotions and stories in conflict
- Learn and practice tools to effectively manage conflict situations
- Understand what performance management is and know why it is important
- Understand the best practices and tools in employee performance

#### **Session 5:** Leading Teams

- Understand how to set your team up for success
- Understand the characteristics of high-performing teams
- Understand different problem-solving models for best practices

### Leading Across Boundaries

- Understand how partnership across boundaries increases productivity and overall satisfaction
- Understand how misunderstanding and miscommunication happen across organizational lines and how to change that. Know how your behaviors impact others
- Understand how we reflexively fall into traps that inhibit our ability to effectively integrate across the organization
- Understand how you can interact more strategically and effectively with all levels in the organization

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### Session 6: Resilient Leadership

- Individually assess key stressors affecting your performance
  - Learn practical ways to build renewable sources in each area
  - Develop actionable steps to improve your performance

### Wrap Up: Learnings and the Continuing Journey

- Review program learnings
- Share impact and learnings from developmental activities
- Create action steps to keep the learnings alive

#### Graduation

• Celebrate accomplishments!

